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## **Sick Policy**

For the protection of all the children in my care as well as the health of your own child and my family, this is a reminder of my sick policy. In order to protect the group, I ask that parents assist me by keeping sick children at home.

If a child becomes sick while here the family will be notified, and prompt pick up arrangements will be made.

If a child is sick, unable to play outdoors, and/or unable to participate in regular daily activities, alternate arrangements for care must be made.

Children with infectious illnesses cannot attend.

## When child may not attend daycare

Fever 99.9 degrees and higher this includes the night before/morning of daycare ~ No fever for 24 hours without taking fever reducing medication. If you had to give your child medicine the night before then that still means they cannot come to daycare the next morning. Please note fever audits are performed periodically in light of COVID-19 to protect all children in care.

**Rash** ~ Unexplained rash ~ Consult doctor/Doctor's note required stating your child is not contagious.

**Vomiting or/and Diarrhea** ~ All symptoms must be gone and no Vomiting or Diarrhea for 24 hours

**Strep Throat** ~ Consult doctor/Doctor's note required. Child must be on antibiotics for 24 hours and be without a fever without medication for it.

**Flu/Bronchitis/Pneumonia** ~ Consult doctor/Doctor's note required stating it is ok to return to daycare. This usually takes about 2-3 days before they can come back to

daycare. Must be on antibiotics and fever free for at least 24 hours without taking fever reducing medication.

**Ear Infection** ~ Consult doctor/Need a note. Child must be on antibiotics and no fever for 24 hours before returning. Hand- Foot- and- Mouth ~ Consult doctor/Doctor's note required stating it is ok to return to daycare.

**Conjunctivitis** (red eyes with yellow discharge)/Pink Eye ~ Consult doctor/Doctor's note required. Child must be on eye drops/antibiotics for 24 hours.

**Head Lice** ~ Usually takes 24 hours to treat head and house lice ~ When all nits have been removed and the child is cleared from the doctor. Doctor's note required.

## **Common Cold Policy**

Children suffering from a common cold will be assessed on an individual basis. Factors of consideration include the developmental level of your child in congruence with my ability to limit the spread of germs. The younger your child, the more difficult it is to keep the spread of germs down. Contagious diseases are often caused by the spread of bacteria or viruses (like chicken pox, hand foot-and-mouth, measles, etc.) in droplets of saliva and mucus and can easily be transferred through an uncovered cough or sneeze, or by sharing toys. Often these diseases are most contagious during the incubation period prior to symptoms showing, but fever often is a good indication that there is something wrong, thus the need to keep your child home for a minimum of 24 hours without fever reducers.

(Also, when caring for an ill child, the ability to provide high quality care to all the other children is jeopardized)

A child may return when he or she is free from symptoms and no longer infectious. The child should also be well enough to actively participate throughout the day. In any case of serious or unexplainable illness, a doctor's medical clearance may be required prior to admission back into care.

## The final decision to exclude a child from care is made by the provider.

If you have any questions concerning this policy and whether your child should attend, please call me before bringing your child.

PLEASE BE COURTEOUS OF ALL CHILDREN IN MY PROGRAM, AND REFRAIN FROM BRINGING AN ILL CHILD UNTIL 24 HOURS HAVE PASSED SINCE ANY FEVER, VOMITING, DIARRHEA, OR ANY OTHER COMMUNICABLE SYMPTOMS HAVE OCCURRED.

I understand and agree to follow the terms of this childcare sick policy.	
Child's Name	
Parent Signature	Date
Provider Signature	Date